

# Nicole Robinson- Weaver

M.Ed., RCC  
Cognitive Behavioural Therapist



## BACKGROUND

- Registered Clinical Counsellor (RCC) with the BCACC – 2014 to present
- Masters in Educational Counselling from UNBC – 2013
- Bachelor of Science in Psychology from UNBC – 2009
- Clinical Counsellor with Mindteams Solutions – 2014 to present
- Volunteer Counsellor at the Community Care Centre in Prince George – 2012
- Facilitator and creator of an experiential group for at-risk youth – 2011-2012
- Presenter at The American Society of Group Psychotherapy and Psychodrama Conference – 2012
- Facilitator and creator of a mindfulness-based self-development workshop – 2010

## TRAINING

- CBT Boot Camp 2.0 with Dr. Christine Padesky – 2015
- The Power of Mindfulness: Inside and Outside the Therapy Hour with Ron Siegel – 2014
- Core Addictions Practice Training – Northern Health – 2012
- Group facilitation training through Parent Support Services BC – 2010 to 2011

## AREAS OF EXPERTISE



CBT



Mindfulness



Trauma



Self-Care



Anxiety &  
Depression



Pain

Please feel free to ask questions. I look forward to collaborating with you!